



Canadian Mental  
Health Association  
Newfoundland & Labrador  
*Mental health for all*

## Canadian Mental Health Association – NL Division Workplace Excellence Award

This award is given annually to an outstanding organization that has advanced the promotion of workplace mental health. The award will be presented at the CMHA-NL Annual General Meeting.

Please email all nominations to Leia Feltham: [lfeltham@cmhanl.ca](mailto:lfeltham@cmhanl.ca)

**Deadline: August 30, 2024**

# **Application Form**

## **Application package must include:**

Completed application form

Any relevant documentation to support this nomination such as:

- Strategy documents
- Work plans
- Employee wellness resources
- References

## **Nominee Information:**

***Organization Name:***

***Organization Contact Name:***

***Position/Title:***

***Phone #:***

***E-mail:***

## **Nominator Information:**

***Full Name:***

***Position/Title:***

***Organization/Institution:***

***Phone #:***

***E-mail:***

**1. Please describe your organization's commitment to mental health and building a mentally healthy workplace. When did this commitment begin and how has it grown or evolved? (Max 300 words)**

**2. What concrete changes to process or practice has your organization made to promote good mental health? (Max 300 words)**

**3. What outcomes have you seen at the individual and organizational level that demonstrates the results of your organization's commitment? How have these outcomes been measured? (Max 300 words)**

**4. How has your organization shared its experience and knowledge with others to support healthier workplaces across Canada? (Max 200 words)**

**5. How does this body of work reflect the core values of CMHA? (Max 200 words)**

**CMHA Core Values:**

- **Embracing the voice of people with mental health issues**
- **Promoting inclusion of all**
- **Working collaboratively at all levels**
- **Focusing on the mental health needs of a diverse population**
- **Using evidence to inform the work**

**Thank you for your submission!**

**Please email all nominations to Leia Feltham: [lfeltham@cmhnl.ca](mailto:lfeltham@cmhnl.ca)**