



Canadian Mental  
Health Association  
Newfoundland & Labrador  
*Mental health for all*

## Canadian Mental Health Association – NL Division Workplace Excellence Award

CMHA-NL invites nominations for this year's CMHA-NL Workplace Excellence Award.

This award is given to an outstanding organization that has advanced the promotion of workplace mental health. The nominee organization will have demonstrated their commitment to fostering a safe and supportive work culture for its employees, through such things as new policies and processes, regular wellness activities and initiatives that help shift workplace culture and stimulate meaningful discussion around mental illness and mental health.

Nomination forms can be obtained by contacting Leia Feltham [lfeltham@cmhanl.ca](mailto:lfeltham@cmhanl.ca). Submissions should include any supporting documentation available to the nominator (see list at the bottom of the nomination form).

The deadline for receipt of nominations is **August 11, 2023**.

Please submit all nominations to [lfeltham@cmhanl.ca](mailto:lfeltham@cmhanl.ca).

The award will be presented at the CMHA-NL Annual General Meeting.

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1-877-753-8550  
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This award is given annually to an outstanding organization that has advanced the promotion of workplace mental health. Please complete the nomination form below to indicate why your organization should be recognized with the CMHA-NL Workplace Excellence Award. This will be awarded by the CMHA-NL President upon recommendation from the Awards Committee subject to Board of Directors approval.

**Nominee (Organization):**

**Nominator:**

**Mailing Address of Nominee:**

**Nominator Phone:**

**Nominator Email:**

**1. Please describe your organization's commitment to mental health and building a mentally healthy workplace. When did this commitment begin and how has it grown or evolved? (300 words)**

**2. What concrete changes to process or practice has your organization made to promote good mental health? (300 words)**

**3. What outcomes have you seen at the individual and organizational level that demonstrates the results of your organization's commitment? How have these outcomes been measured? (300 words)**

**4. How has your organization shared its experience and knowledge with others to support healthier workplaces across Canada? (200 words)**

**5. How does this body of work reflect the core values of CMHA? (200 words)**

**CMHA Core Values:**

- **Embracing the voice of people with mental health issues**
- **Promoting inclusion of all**
- **Working collaboratively at all levels**
- **Focusing on the mental health needs of a diverse population**
- **Using evidence to inform the work**

**Please attach any relevant documentation to support this nomination (e.g.):**

- Strategy documents
- Work plans
- Employee wellness resources
- References

**Application package must include:**

- Completed application form
- Any relevant documents as above
- Contact details for nominee and nominator

Please email all nominations to Leia Feltham email:  
[lfeltham@cmhanl.ca](mailto:lfeltham@cmhanl.ca)

**Deadline: August 11, 2023**