

## Annual General Meeting Minutes September 23, 2021

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**Chair:** Joe Thorne

**Note Taker:** Bernice Haley

**Attendees:** CMHA-NL Board of Directors, CMHA-NL Staff, Invited Guests, General Public

The Annual General Meeting was held as a hybrid event with both in person and virtual attendees

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### 1. **Welcome**

Joe Thorne, Vice-President and Acting President of the CMHA-NL Board of Directors welcomed all to the 2021 Annual General Meeting.

### 2. **Call to Order**

Joe Thorne called the meeting to order at 2:30 pm

### 3. **Approval of Agenda**

A motion was called to approve the agenda as contained in the member/delegate kits.

- Moved by Jackie McCann-Scott
- Seconded by Peter Head
- All in Favour
- Motion Carried

### 4. **Adoption of the Minutes of the 2020 Annual General Meeting**

A motion was called to approve the minutes of the 2020 Annual General Meeting as contained in the delegate kits.

- Moved by Peter Head
- Seconded by Donna Kavanagh
- All in Favour
- Motion Carried

### 5. **Auditor's Report and Audited Financial Statements**

The Auditor's Report and Financial Statements was sent to the membership and a copy was also placed in the delegate kits. Nigel Cose, CMHA-NL's Auditor was in attendance and available to answer any questions on the financial statements.

**A motion was called to adopt the Auditor's Report and Audited Financial Statements.**

- Moved by Joe Thorne

- Seconded by Jackie McCann-Scott
- All in Favour
- Motion Carried

**6. Approval of Auditor for 2021-2022**

A motion was called to appoint Nigel Cose as auditor until the next Annual General Meeting or until a successor is appointed.

- Moved by Peter Head
- Seconded by Joe Thorne
- All in Favour
- Motion Carried

**7. Approval of CMHA's Revised Bylaws**

CMHA-NL's Bylaws were revised to reflect gender neutral language as well as some grammatical edits. A copy of the revised bylaws has been sent to CMHA-NL Membership prior to meeting.

A motion was called to approve/adopt CMHA-NL's Revised Bylaws.

- Moved by Jackie McCann-Scott
- Seconded by Joe Thorne
- All in Favour
- Motion Carried

**8. Election of Directors**

**A motion was put forward to approve the slate of Nominees as follows:**

**Seeking First Time Election:**

- Kimberly Spencer
- Fabian Connors

**Seeking Re-Election for Second Term on the Board**

- Ronalda Walsh
- Joe Thorne

**Seeking Re-Election for Third Term on the Board**

- Peter Head
- Kimberly Yetman Dawson

**The Slate of Nominees for election was approved.**

- Moved by Donna Kavanagh
- Seconded by Blake Cryderman
- All in Favour
- Motion Carried

**9. CEO Report**

Paul Fifield, Acting CEO thanked all for attending the Annual General Meeting and gave an update on CMHA's programs and operations for 2020-2021.

**10. CMHA-NL Awards Presentation – Jackie McCann Scott**

CMHA-NL recognizes individuals who have made significant contributions to mental health in Newfoundland and Labrador. The Awards Committee, consisting of board

members and staff of CMHA-NL, met in June to call for nominations/applications for the following awards:

- Pottle Award
- Leadership Award
- Media Award
- Workplace Excellence Award
- The Mental Health Research Scholarship

#### **Pottle Award 2021**

This award was established in memory of the late Dr. Clarence Pottle, a psychiatrist and the first provincial Director of Mental Health Services in Newfoundland and Labrador. This award honours a volunteer in the community who has demonstrated tireless commitment towards furthering mental health in Newfoundland and Labrador. It is awarded based on the quality and quantity of volunteer work and overall impact within the community.

**Recipient: Bill and Susan Guiney**  
**Presenter: Paul Fifield**

#### **Mental Health Leadership Award 2021**

This Award honors a mental health service provider, researcher, or community leader for excellence in mental health leadership within Newfoundland and Labrador. Awardees must have shown dedication to furthering mental health within the province through clinical practice, research, or community service.

**Recipient: Constable Krista Hogan & PSD Stella, RNC**  
**Presenter: Blake Cryderman**

#### **Media Award 2021**

This Award recognizes a person, group, or organization that has shown outstanding quality promotion and awareness of mental health issues in Newfoundland and Labrador.

**Recipient: Paddy Daly, VOCM**  
**Presenter: Donna Kavanagh**

#### **Workplace Excellence Award 2021**

This year, CMHA introduced a new award – the Workplace Excellence Award. This award is given to an outstanding organization that has advanced the promotion of workplace mental health. The nominated organization will have demonstrated their commitment to fostering a safe and supportive work culture for its employees, through such things as new policies and processes, regular wellness activities and initiatives that help shift workplace culture and stimulate meaningful discussion around mental illness and mental health.

**Recipient: VALE, NL Operations**  
**Presenter: John Dinn**

### **Mental Health Research Scholarship 2021**

CMHA-NL's Research Scholarship is awarded to both recognize and support mental health research relevant to Newfoundland and Labrador. Projects are undertaken at the graduate, post-graduate, or post-doctoral university level.

The scholarship is awarded based on the quality of the proposed project, potential contribution to mental health research, and achievements of the applicant.

This year's recipient of the Research Scholarship is Tamunotonye (Tonye) Omoluabi. Tonye's research title is "***Differential Effects of Phasic and Tonic Activation of the Locus Coeruleus in a Pre-tangle Tau Model***".

**Recipient: Tamunotonye (Tonye) Omoluabi**

**Presenter: Joe Thorne**

As chair of the Awards Committee, Jackie McCann Scott thanked all who submitted nominations/ applications for an award and congratulated all recipients selected for 2021.

### **11. Research Scholarship Presentation**

Tonye Omoluabi gave a presentation on her research.

### **12. Adjournment**

A motion was put forward to adjourn the Annual General Meeting. Meeting adjourned at 3:50 pm

Moved by: Jackie McCann Scott

Seconded by: Peter Head

### **13. Guest Speakers**

Angel Osmond and Christina Tobin – The Stable Way

Angel and Christina gave a presentation on "**Equine Assisted Wellness and Therapy**".

Kelsey Muise - Mental Health Advocate. Kelsey gave a presentation on "**Mental Health-Thinking Outside the Box**".

A special thank you was extended to the guest speakers.