

MENTAL HEALTH WEEK 2019

MAY 6-12 (BAY ST. GEORGE REGION)

MONDAY 06

12:30pm Proclamation Signing @ Town of Stephenville

3:30pm Proclamation Signing @ Town of Stephenville Crossing

TUESDAY 07

8:30am - 1:30pm CMHA-NL St. John's Office Closed for Staff Training



WEDNESDAY 08

11:30am - 1:30pm Information Booth @CNA

7pm Trivia Night @Killick cafe



THURSDAY 09

1pm - 4pm Grand Reopening of CMHA-NL Western Regional Office @ 106 Caroline Avenue Suite 3, Stephenville

FRIDAY 10

Wear green and share a picture with us @cmhanl



SATURDAY 11

Which local landmarks and buildings do you see lit up in green? Snap a pic and share @cmhanl



#lightitupgreenNL

SUNDAY 12

Donate online at cmhanl.ca or drop off funds raised to our office.



NOTES

