



Canadian Mental
Health Association
Newfoundland-Labrador
Mental health for all

CMHA

Mental Health Week

#GetReal

May 4-10, 2020

CMHA

Mental Health Week

#GetReal

May 4-10, 2020

@CMHANL

#MentalHealthWeek

#GetReal

#LightItUpGreenNL



Canadian Mental
Health Association
Newfoundland-Labrador
Mental health for all

CMHA

Mental Health Week

#GetReal

May 4-10, 2020

"I'm fine, thanks."
What I really mean is...

@CMHANL
#MentalHealthWeek
#GetReal
#LightItUpGreenNL



Canadian Mental
Health Association
Newfoundland-Labrador
Mental health for all

CMHA
Mental Health Week
#GetReal
May 4-10, 2020

**Don't just get loud,
#GetReal**

@CMHANL
#MentalHealthWeek
#GetReal
#LightItUpGreenNL



Canadian Mental
Health Association
Newfoundland-Labrador
Mental health for all

CMHA
Mental Health Week
#GetReal
May 4-10, 2020



@CMHANL
#MentalHealthWeek
#GetReal
#LightItUpGreenNL