



Canadian Mental
Health Association
Mental health for all

Association canadienne
pour la santé mentale
La santé mentale pour tous



**The Canadian Mental Health Association NL:
At Work Program in partnership with the St. John's Board of Trade
Ambassadors present:**

At Work Program: Lecture Series

This FREE lecture series provides information, strategies, techniques, & practical tips to assist employment seekers in building their job search skills.

April 3rd, 2017 : Resume and Cover Letters

Presented by the St. John's Board of Trade Ambassadors. These leading industry professionals will assist you in refining your resume and cover that will impress any hiring manager! Please ensure that you bring a hard copy of your resume and cover letter when attending.

April 10th, 2017: Job Interviews: What you need to know to land the job!

Presented by the St. John's Board of Trade Ambassadors. These leading industry professionals will offer insider knowledge and expertise in how to outshine the competition during a job interview and land the job!

April 17th, 2017: Workplace Mental Health

Presented by The Canadian Mental Health Association NL. This lecture will discuss new ways to encourage and inspire yourself and others toward a psychologically healthy and safe workplace.

Date: April 3rd, 10th & 17th, 2017

Time: 12:00 – 1:00pm

Location: 285 Duckworth Street, St. John's (Advanced Education, Skills and Labour building)

Fee: FREE!

Registration: Space is limited! Contact jvonrhedey@cmhanl.ca or call 753-8550 ex. 112



Canadian Mental
Health Association
Newfoundland and Labrador



St. John's
BOARD of TRADE
The principal voice of the business community