



Canadian Mental  
Health Association  
*Mental health for all*

Association canadienne  
pour la santé mentale  
*La santé mentale pour tous*

**BE MIND FULL**  
CHAMPIONS FOR POSITIVE MENTAL HEALTH SINCE 1918

## Collaborative Partnerships in Hoarding Response



**Elaine Birchall**

Elaine Birchall holds a graduate degree (Masters of Social Work) from St. Patrick's College, Ottawa, Ontario, an institution with a long and honoured reputation of commitment to community.

A registered social worker with many years of experience, Elaine has dedicated her life to counselling individuals through difficult transitions in their lives.

Through her professional training and tenure with the first Canadian Hoarding Coalition,

Elaine has developed specialized expertise on hoarding behaviour, including an extensive broad based network of community support and services.

Elaine is also the founding force behind the Canadian National Hoarding Coalition, which she led for two years. She is currently developing an Ontario wide Hoarding support initiative, tentatively titled "Ontario Roundtable on Hoarding."

### 2 Day Workshop

8:30am-4:30pm  
May 4<sup>th</sup>-5<sup>th</sup>, 2015  
Bella Vista  
24 Torbay Rd, St. John's

### 3 Day Train the Trainer

8:30am-4:30pm  
May 6<sup>th</sup>-8<sup>th</sup>, 2015  
Admirals Green  
460 Allandale Rd, St. John's

### Registrations Fees:

**Full 5 Day Conference**  
(Including breaks and lunch)  
\$350.00 per registrant

**2 Day Workshop**  
(Including breaks and lunch)  
\$150.00 per registrant

To register please mail form to [bhiscock@cmhanl.ca](mailto:bhiscock@cmhanl.ca)  
No registration is final until all fees are received in full



Canadian Mental  
Health Association  
Newfoundland and Labrador

In Partnership with



Housing



## 5 Day Conference Draft Agenda

### Day 1

#### Morning

- Understanding hoarding
- What it is
- What it isn't
- Understanding what you see
- Different types of hoarding
- How to identify hoarding behaviours

#### Afternoon

- The Do's and Don'ts for hoarding intervention
- Coexisting disorders
- Assessing risk
- Recommended services and best practise

### Day 2

#### Morning

- Characteristics of those who hoard
- Effective interventions and strategy styles
- Hoarding and special needs groups

#### Afternoon

- Understanding hoarding and distorted beliefs
- Supporting change and preventing relapse
- Building partnerships and establishing coalitions

### Day 3-5

Train the Trainer (agenda TBA)



### Registration Form

### ***Collaborative Partnerships in Hoarding Response***

Registration Deadline: April 24th, 2015

Name	
Title	
Organization/Company	
Address	
Phone	
Email	

Please check one of the following registration options below

- 2 Day Workshop \$150.00
- 5 Day Conference \$350.00
- Includes:
  - 2 Day Workshop
  - 3 Day Train The Trainer

(Registration fees include lunch and nutritional breaks)

Payment can be made in person at the CMHA-NL office, or by money order, cheque, or credit card.

Credit card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Money orders/cheques should be made out to CMHA-NL

The deadline to submit registration and payment is April 24<sup>th</sup>, 2015.

- Registration is not final until payment is received
- Cancellations cannot be made after the registration deadline.
- Substitute delegates will be welcome up to 48 hours before.

If you have any special dietary needs/requests, please indicate below:

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If you require disability related supports or assistive devices for participation, please indicate below:

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All questions can be directed to Beverley Hiscock [bhiscock@cmhanl.ca](mailto:bhiscock@cmhanl.ca)