



**Canadian Mental  
Health Association**  
Newfoundland and Labrador

## CMHA-NL Board of Directors

The Canadian Mental Health Association, Newfoundland and Labrador Division (CMHA-NL), is currently seeking nominations for its Board of Directors. A Director holds office for a term of two years, and may be re-elected for additional terms to a maximum of three consecutive terms. A Director should be prepared to serve a full term; attend monthly meetings (with the exception of July, August, and December); participate in sub-committees of the Board of Directors, and attend their meetings as scheduled; and be available to participate at the Division or other functions on behalf of CMHA-NL. Nominators and nominees must be members of CMHA-NL, which means that a yearly membership fee (\$20.00) must be paid at or before our upcoming Annual General Meeting on June 10<sup>th</sup>, 2016. The Nominations Sub-Committee has identified current skills and attributes needed for the Board at this stage in the Association's development. All nominations will be considered within the skill sets required. All necessary forms including nomination, biographical summary, membership, and letter of consent forms can be found on CMHA-NL's website at <http://cmhanl.ca/news/> . The deadline for receipt of nominations is April 11<sup>th</sup>, 2016.

### **About CMHA-NL**

The Canadian Mental Health Association, Newfoundland and Labrador Division (CMHA-NL), is a voluntary, non-profit, charitable organization established in 1964 to promote a better understanding of mental health and mental illness in the province. As a division of the National Canadian Mental Health Association, our mission is to promote the mental health of all and to support the resilience and recovery of people experiencing mental illness. This mission is accomplished through advocacy, public education, research, and service. CMHA-NL division's head office is in St. John's and we also have two regional offices located in Grand Falls-Windsor (Central) and Stephenville (Western).