



**External Job posting:** Canadian Mental Health Association – NL

**Position:** Recovery College Coordinator/Peer Facilitator

Part-time 20 hours per week with the possibility of full time. Agency's regular hours of operation are Monday to Friday 8:30 am to 4:30 pm. Evening and weekend hours may be required. Ability to work remotely.

**Contract until:** January 31, 2023

**Location:** CMAH-NL, St. John's Office, 603 Topsail Road

**Reporting:** Reports to CMHA-NL's Recovery College Working Group.

### **Recovery College Summary**

CMHA-NL is looking to expand and improve its programs and services to meet our ever-changing community needs. One such program is the Recovery College. Recovery Colleges are offered at multiple CMHAs across Canada. They are built upon the belief that people with lived experience have expert knowledge about recovery and that peer support is an essential ingredient to wellness. All Recovery College courses are co-developed and co-facilitated by people with lived experience. Courses are open to anyone who wishes to improve their wellness. Each course has stated learning objectives and the effectiveness and impact of our courses are continually evaluated.

CMHA-NL is inviting applications for the position of Recovery College Coordinator/Peer Facilitator with CMHA-NL's Educational Programs. The Recovery College Coordinator provides development and facilitation of Recovery College courses which are open to individuals experiencing a mental health concern, mental illness and/or addiction, as well as caregivers. This person would be enthusiastic about education and know how to adjust instruction to support a variety of learning needs and challenges. This position will co-facilitate with a Peer Facilitator and together they will both demonstrate the competencies of Recovery College, which include hope, collaboration, personal growth, recovery planning, communication, creativity, critical thinking, problem solving, managing information, capacity building and inclusivity. Training sessions will support resiliency and prevention education strategies resulting in increased knowledge of mental health, addictions and trauma, and improved self care and help seeking skills.

As the Recovery College Coordinator, you are creative in your work with people who have lived with mental illness and mental health concerns. You can use your skills to create a safe learning environment that respects a diversity of life experiences and have a passion for education as a tool for personal recovery.

**Duties include:**

- Creating a safe and respectful learning environment
- Promoting the recovery philosophy and empowering people with the skills to live healthy and satisfying lives.
- Nurturing trusting relationships with people who have experienced mental illness, addictions, and mental health problems.
- Co-developing and co-delivering Recovery College educational programs and courses.
- Managing training schedules
- Maintaining statistics and evaluations relating to courses and program delivery.
- Maintaining active membership on the CMHA-NL's Education Committee and CMHA's National Recovery College Community of Practice.

**Qualifications:**

- A degree in Education, Special Education, Guidance Counselling or Social Sciences.
- 3 years' experience working in an education setting and/or a mental health and addictions organization with vulnerable/marginalized populations.
- Group facilitation/trainer certification or experience, with the ability to facilitate sessions in a positive, engaging, and interactive manner.
- Experience with the principles of peer support, harm reduction, and an understanding and commitment to the Recovery model.
- Demonstrated commitment to community capacity building and educational approaches that are strengths based, collaborative, embrace adult learning principles and accessible learning practices.
- Ability to work remotely, autonomously, and collaboratively with the Recovery College Committee to develop new training materials and sessions.
- Completion of Applied Suicide Intervention Skills (ASIST) and Mental Health First Aid courses is an asset.
- Personal experience with mental health and/or addictions would be considered an asset.
- Trauma-informed education is an asset

**Skills:**

- Excellent public speaking, group facilitation, training, organizational, and verbal and written communication skills.
- Ability to use outcome data of recovery training sessions to develop and improve services.
- Research and development skills to ensure sessions meet targeted populations and community needs in collaboration with co-presenters.
- Knowledge of and ability to access and utilize local mental health resources and networks
- Ability to actively listen, ask engaging questions, reframe where needed, and focus on strengths of learners.
- Ability to set boundaries with learners and share appropriately in a professional setting

- High level of initiative and self-motivation.
- Action oriented and committed to excellence
- Sound judgment and the ability to work independently and as part of a team
- Flexible and adaptable

**Compensation & Benefits:** Commensurate with qualifications and experience.

**Please e-mail your resume and a cover letter stating how your passion, work experience and education in mental health would be an asset for this position to:**

Recovery College Hiring Committee  
Canadian Mental Health Association -NL  
603 Topsail Road, St. John's, NL, A1E 2E1

c/o: Bernice Haley

Email: [bhaley@cmhanl.ca](mailto:bhaley@cmhanl.ca)

**Deadline for applications: February 4, 2022**

We would like to thank everyone that applies in advance; however only those selected for an interview will be contacted.