



**Canadian Mental  
Health Association**  
Newfoundland and Labrador

## CMHA-NL Board of Directors Search

The Canadian Mental Health Association, Newfoundland and Labrador Division (CMHA-NL) is currently seeking nominations for its Board of Directors. A Director holds office for a term of two years, and may be re-elected for additional terms to a maximum of three consecutive terms. A Director should be prepared to serve a full term; attend bi-monthly meetings (with the exception of July, August, and December); participate in sub-committees of the Board of Directors, and attend their meetings as scheduled; and be available to participate at the Division or other functions on behalf of CMHA-NL. Nominators and nominees must be members of CMHA-NL, which means that a yearly membership fee (\$25.00) must be paid at or before our upcoming Annual General Meeting (September 17, 2020).

The Nominations Sub-Committee has identified current skills and attributes needed for the Board at this stage in the Association's development. All nominations will be considered within the skill sets required.

We are currently seeking skill sets in the following areas:

- Indigenous Engagement,
- Youth Engagement
- Corporate Sector Engagement
- Financial Management

All necessary forms including nomination, biographical summary, membership, and letter of consent forms can be found on CMHA-NL's website at <http://cmhanl.ca/news/>. The deadline for receipt of nominations has been extended to July 24, 2020.

### **About CMHA-NL**

The Canadian Mental Health Association, Newfoundland and Labrador Division (CMHA-NL), is a voluntary, non-profit, charitable organization established in 1964 to promote a better understanding of mental health and mental illness in the province. As a division of the National Canadian Mental Health Association, our mission is to promote the mental health of all and to support the resilience and recovery of people experiencing mental illness. This mission is accomplished through advocacy, public education, research, and service. CMHA-NL division's head office is in St. John's and we also have two regional offices located in Grand Falls-Windsor (Central) and Stephenville (Western).