


MENTAL HEALTH FIRST AID – SENIORS

Date	Thursday, March 26 – Friday, March 27, 2020
Time	8:30 AM – 4:30 PM (each day)
Location	Newfoundland & Labrador Housing & Homelessness Network (NLHHN) 77 Charter Avenue, St. John's, NL
Cost	FREE! Limited availability. Register now.  Sponsored by Pennecon.
Nutrition Breaks	Light snacks and refreshments will be provided. Lunch is available for purchase at the Network Café (in the same building).
Registration Deadline	March 19, 2020

ABOUT THIS COURSE

MHFA Seniors is an adaptation of the MHFA Basic course that is intended to increase the capacity of seniors, families (informal caregivers), friends, staff in care settings and communities to promote mental health in seniors, prevent mental illness and suicide wherever possible in seniors and intervene early when problems first emerge.

HOW TO REGISTER

- Please complete the registration form on page 2 and return it to CMHA-NL Office Manager Bernice Haley by email at bhaley@cmhanl.ca or by fax at (709) 753-8537.
- This course is a part of CMHA-NL's Sponsored Community Course Offerings. To accommodate demand, applicants may only register for ONE sponsored course per semester offerings (January – April 2020).
- Seats **will not** be reserved without a completed registration form. You will be notified by CMHA-NL via email if your registration has been confirmed. Confirmation is given on a first-come, first-served basis.
- This course is sponsored by Pennecon. **There is no fee for this course.**
- Advance notice must be given to CMHA-NL if the confirmed registrant cannot attend the full two-day course.
- Please note, certificates will only be issued if the registrant attends the **full course** (14 hours).



MENTAL HEALTH FIRST AID – SENIORS REGISTRATION FORM (March 26- 27, 2020)

PARTICIPANT CONTACT DETAILS			
Name	<i>First</i> <i>Last</i>		
Job Title			
Company/Organization			
Phone Number	<i>Area Code</i>	<i>Number</i>	<i>Extension</i>
Email Address			
Receive email updates from CMHA-NL?	YES <input type="checkbox"/>		NO <input type="checkbox"/>
Mailing Address	<i>PO Box/Street</i>	<i>City/Town</i>	<i>Province</i> <i>Postal Code</i>
If you require disability related supports or assistive devices for participation, please indicate below:			
Please list any allergies or food intolerances below (CMHA-NL strives to promote a scent-free environment):			
Emergency Contact	<i>First</i>	<i>Last</i>	Phone Number <i>Area Code</i> <i>Number</i> <i>Extension</i>

PAYMENT INFORMATION			
How will you be paying?	Cheque/Money Order <input type="checkbox"/>		Credit Card <input type="checkbox"/> Cash/Debit <input type="checkbox"/>
Payment by cheque or money order can be mailed to 603 Topsail Road, St. John's, NL A1E 2E1. To pay with credit card please enter the information below. All payments, including cash and debit, can be made in person at 603 Topsail Road, St. John's.			
Total (CAD \$)	FREE	Credit Card #	NA
Name on Card	NA	Exp. (MM/YY)	NA CVV NA

Signature		Date Submitted	
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Questions? Please call CMHA-NL's Office Manager Bernice Haley at (709) 753-8550 ext. 101 or email bhaley@cmhanl.ca.