




CHANGING MINDS WORKSHOP

Date	Monday, November 18 – Tuesday, November 19, 2019	
Time	8:30 AM – 4:00 PM (each day)	
Location	Newfoundland & Labrador Housing & Homelessness Network (NLHHN) 77 Charter Avenue, St. John's, NL	
Cost	FREE! Limited availability. Register now. Sponsored by Pennecon.	
Nutrition Breaks	Light snacks and refreshments will be provided. Lunch can be purchased at the Network Café (in the same building).	
Registration Deadline	November 11, 2019	

ABOUT THIS COURSE

CMHA-NL's Changing Minds is a mental illness education and awareness training program that reduces stigma and uses evidence-based approaches to teach better communication skills to help understand and respect those who have a mental illness. The foundation of Changing Minds is built on first-person perspectives of those with lived experience of mental illness. This interactive and empathy-building program is powerful and engaging. It will truly change your mind and help you break down myths about mental illness.


HOW TO REGISTER

- Please complete the registration form on page 2 and return to CMHA-NL Office Manager Bernice Haley at bhaley@cmhanl.ca or fax to (709) 753-8537.
- Fees can be paid by one of the following options:
 - Credit card (use form below)
 - Cheque or money order (mailed to CMHA-NL at 603 Topsail Road, St. John's, NL A1E 2E1)
 - In person at CMHA-NL's Provincial Head Office (603 Topsail Road, St. John's)
- Registration is not final until payment is received. No payments will be accepted day of.
- Cancellations cannot be made after **the above stated registration deadline.**
- Substitute delegates will be welcome up to 48 hours before course begins. Please notify facilitator of such changes.



CHANGING MINDS WORKSHOP REGISTRATION FORM

PARTICIPANT CONTACT DETAILS			
Name	<i>First</i>		<i>Last</i>
Job Title			
Company/Organization			
Phone Number	<i>Area Code</i>	<i>Number</i>	<i>Extension</i>
Email Address			
Receive email updates from CMHA-NL?	YES	NO	
Mailing Address	<i>PO Box/Street</i>	<i>City/Town</i>	<i>Province</i> <i>Postal Code</i>
If you require disability related supports or assistive devices for participation, please indicate below:			
Please list any allergies or food intolerances below (CMHA-NL strives to promote a scent-free environment):			
Emergency Contact	<i>First</i>	<i>Last</i>	Phone Number <i>Area Code</i> <i>Number</i> <i>Extension</i>

PAYMENT INFORMATION			
How will you be paying?	Cheque/Money Order	Credit Card	Cash/Debit
Payment by cheque or money order can be mailed to 603 Topsail Road, St. John's, NL A1E 2E1. To pay with credit card please enter the information below. All payments, including cash and debit, can be made in person at 603 Topsail Road, St. John's.			
Total (CAD \$)	FREE! 	Credit Card #	
Name on Card		Exp. (MM/YY)	CVV

Signature		Date Submitted	
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Questions? Please call CMHA-NL's Office Manager Bernice Haley at
(709) 753-8550 ext. 101 or email bhaley@cmhanl.ca.